



Publications and new products

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Can we talk about stress?

I do not actually know who wrote the following story or where it came from, but it had the right impact on me and I have to share it with all of you just as I found it on the web. It is true, from time to time it happens to come across the perfect story at the perfect time in your life, the one through which you can see yourself like in a mirror. Is it about the work at the library? The family? Time flying by? No matter what is the reason, I believe every single one of us has times in life where needs a break and to consider the message and moral of this story. Enjoy the read!

The weight of the glass

Once upon a time, a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they would be asked the typical “glass half empty or glass half full” question. Instead, with a smile on her face, the professor asked, “How heavy is this glass of water I’m holding?”



Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, “From my perspective, the absolute weight of this glass doesn’t matter. It all depends on how long I hold it. If I hold it for a minute or two, it is fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn’t change, but the longer I hold it, the heavier it feels to me.”

As the class shook their heads in agreement, she continued, “Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them.”

The moral: It is important to remember to let go of your stresses and worries. No matter what happens during the day, as early in the evening as you can, put all your burdens down. Do not carry them through the night and into the next day with you. If you still feel the weight of yesterday’s stress, it is a strong sign that it is time to put the glass down.

JOURNAL ISSUES

Health Information and Libraries Journal: Contents of June, issue 2018

Editorial

Epistemic lenses and virtues, beyond evidence-based medicine.

Mark Murphy, GP and Lecturer in the Department of General Practice in the Royal College of Surgeons, Ireland

PUBLICATIONS AND NEW PRODUCTS

Review Article

Trends in infodemiology studies: a scoping review.

Zeraatkar K, Ahmadi M

Original Articles

- **The development of search filters for adverse effects of surgical interventions in MEDLINE and Embase.**
Golder S, Wright, Loke Y
- **Relationship between orthodox and traditional medical practitioners in the transmission of traditional medical knowledge in Nigeria.**
Adekannbi J
- **Information literacy skills and training of licensed practical nurses (LPNs) in Alberta, Canada: Results of a survey.**
Wadson K, Phillips L

Regular features

- **Dissertations into Practice**
Proposed information outreach programme in primary and secondary health care of Punjab, Pakistan
Naeem SB, Bjatt R
- **International Perspectives and Initiatives**
New directions in health sciences libraries in China
Zhiyun X, Jianjing Z
- **Teaching and Learning in Action**
Opportunities for faculty-librarian collaboration in an expanded dentistry curriculum
Stone S

FROM THE WEB

• **Agar art news**

Do you remember last's year annual Agar Art contest conducted by the American Society for Microbiology? This year edition, the fourth, had 156 entrants from 23 nations, and announced the winners two weeks ago (May 23). Just like for the previous editions, participants grew different microbes on agar to create varied patterns, often using the organisms' natural pigments to enhance their designs.

The first place was won by "The Battle of Winter and Spring," an exquisite, romantic homage to microbes by Ana Tsitsishvili, a talented undergraduate student at the Agricultural University of Georgia in Tbilisi. Last year she won the third place with a submission called "Dancing Microbes", that perhaps you remember. At the prize award, she stated that where the microbes meet in the middle of the plate, "they melt, as warmth of the spring melts the snow. She used *Staphylococcus* and *Bacillus mycoides* to depict the harshness of winter tangling with the red pigmented "flowers" of *Serratia marcescens* that portrayed spring. Check out the full article.



- **LOVE At the 2018 Orphan Film Symposium**

Sarah Eilers is the Manager of Historical Audiovisuals in the History of Medicine Division at the National Library of Medicine. As she tells in her interesting article, she “had the privilege of collaborating with Dr. Oliver Gaycken, professor of film studies at the University of Maryland-College Park, to present several rarely-seen films from the National Library of Medicine’s historical audiovisuals collection. The occasion was the 11th Orphan Film Symposium held at the Museum of the Moving Image in Queens, New York, which this year included participants from 15 nations.” Dr. Gaycken’s paper, titled “Love Doctors and Medical Media” discussed four NLM-held training films dating from the 1970s and showed excerpts from each. The films were intended to educate physicians and psychologists in couples-counseling, particularly in the area of sexual dysfunction.

During the last portion of the session, the audience was also introduced to the planned redesign of NLM’s Medical Movies on the Web, which offers curation of rare and sometimes unique film content in the NLM collections.

Check out the full article

- **TAKE NOTICE!**

Communication from The AHRQ National Guideline Clearinghouse: The NGC -- guideline.gov -- web site will not be available after July 16, 2018 because federal funding through AHRQ will no longer be available to support the NGC as of that date. AHRQ is receiving expressions of interest from stakeholders interested in carrying on NGC's work. It is not clear at this time, however, when or if NGC (or something like NGC) will be online again. In addition, AHRQ has not yet determined whether, or to what extent, the Agency would have an ongoing role if a stakeholder were to continue to operate the NGC. We will continue to post summaries of new and updated evidence-based clinical practice guidelines until July 2, 2018. For any questions, please contact Mary.Nix@ahrq.hhs.gov.

- **Why failure matters**

Samuel West is the founder and curator of the Swedish Museum of Failure. He says we need to flaunt failures so we can learn from them. “Failure is inherent to the research process—observing results and then continuing with iterations to make progress. But the problem is that failure isn’t automatically communicated with the outside world. Even within the research community, where failure should be a given, publication bias means there is a huge problem with discussing and accepting failure.”

This Museum is a collection of interesting innovation failures showcased to provide visitors a fascinating learning experience.

The collection consists of a wide variety of failed products and services from around the world, such as Apple Newton, Bic for Her, Google Glass, Nokia N-gage, Orbitoclast Lobotomy (medical instrument), Harley-Davidson Perfume, Kodak Digital Camera, Sony Betamax, Lego Fiber Optics, and many many others. Currently it can be visited in California and in Sweden. Check the websites to learn more and be updated with upcoming events.

FORTHCOMING EVENTS

August 24-30, 2018, Kuala Lumpur, Malaysia

Transform Libraries, Transform Societies. World Library and Information Congress.

84th IFLA General Conference and Assembly

For further information: <https://2018.ifla.org/cfp-calls/health-and-biosciences-libraries-section>

PUBLICATIONS AND NEW PRODUCTS

September 11 -14, 2018, Manchester, UK

Why we do what we do. The purpose and impact of guidelines

For further information: <https://www.ginconference.net/>

October 8-12, 2018, Monterey, California, USA

The 17th International Semantic Web Conference. The premier international forum for the Semantic Web and Linked Data Community

For further information: <http://iswc2018.semanticweb.org/>

October 9-11, 2018, Kraków, Poland

ISIC 2018 – The Information Conference

For further information: <http://www.isic2018.com/>, <https://www.facebook.com/isic2018/>,
<https://twitter.com/ISIC2018>

October 22-26, 2018, Turin, Italy

CIKM 2018 International Conference on Information and Knowledge Management. From Big Data and Big Information to Big Knowledge.

For further information: <http://www.cikm2018.units.it/>

Please feel free to contact me (letizia.sampaolo@iss.it) if you have any further suggestion about events you would like to promote